# Managing Risk in Fruit & Vegetable Production

Kynda Curtis, Ph.D. Associate Professor and Extension Specialist Utah State University



## Strategy

Reduce consumer uncertainty regarding food products
 Access to new markets
 Improved pricing
 Reduced risk of customer loss
 Reduced risk of revenue loss



#### Why are Consumers Uncertain about Their Food?

- Rising disposable household incomes
  - Real Food away from home
  - Realth concerns
- Increased food related outbreaks, unknown potential effects
  E-coli, Salmonella
  - GMOs, antibiotic-resistance, pesticide/herbicide residues
- Growing separation between agricultural producers & consumers  $\propto <2\%$  of population living on farms, 17% living in rural areas



### Food Safety

Real Food safety incidents/food borne illnesses

- Real More than 200 known diseases are transmitted through food
- CR CDC estimates 76 million illnesses, 325,000 hospitalizations, and 5,000 deaths resulting from food consumption annually
- G Fresh produce accounts for five of top 10 riskiest foods regulated by FDA



### Food Safety

A Industry costs of food safety incidents/recalls

- G Food safety scare associated with strawberries in 1996 -"Before it was over, the industry suffered nearly \$40 million in lost sales, 5,000 lost jobs, and a 10 percent reduction in crop acreage the following year."
- "The U.S. peanut industry could lose \$1 billion and small business millions of dollars more because of an outbreak of salmonella that has forced the biggest food recall in U.S. history."



#### Pricing

- CR Consumers willing to pay premiums for products perceived to be safer, healthier, or environmentally friendlier
  - Ratural/organic/reduced chemical inputs
  - Real Food safety inspections
  - A Local foods or certain areas of origin
  - R Humane animal treatment
  - Real Nutritional related factors (e.g. high antioxidant, low fat)
  - Social responsibility



### Tools

R Food safety management plan

R Product labeling

CR Consumer education/events



# Overview of Food Safety Risks

ca Biological

R Bacteria, viruses, parasites, allergens, and prions

ca Chemical

Real Pollution of air, water, and soil, and application of agrochemicals

R Physical

Risk of choking, lacerations, or food damage



extension.usu.edu

## Biological Risks

- R Bacteria
  - 🛯 Salmonella, Listeria
- R Viruses
  - ca Hepatitis A
- R Parasites
  - Giardia lamblia, Cyclospora cayetanensis
- ca Prions
  - ন্থ Transmissible Spongiform Encephalapathies
    - Image: Relation of the second seco

#### Allergens

Sulfites, peanuts, tree nuts, wheat, soybeans, milk, eggs, and fish



### Chemical/Physical Risks

- R Toxic metals and dioxins
- Agrochemicals such as pesticides, fertilizers, and herbicides
- Stones, small sticks, bits/pieces of wood, plastic, metal, or glass
- Requipment fragments
- Real Employee objects such as pens, pencils, jewe

extension.usu.edu

COOPERATIVE EXTENSION

**ahState** Universitv

## Food Safety Management Plans

- Good Agricultural Practices (GAPs)
  - R FDA & USDA published farm level voluntary 'guidelines' in 1998
  - CR Created an audit program based on guidelines
    - Producer must pay auditor's time and mileage (federal rate \$92.00/hour)
    - Separate audit required for each crop
- Realized Agreement (LGMA)
  - Response to 2006 spinach outbreak
  - Mandatory for many California growers
  - Some use in Nevada and Arizona



# Good Agricultural Practices (GAPs)

- Revealed With A Coord Agricultural Practices & Good Handling Practices Audit Verification Checklist
  - Overview of food safety risk controls & management
    - $\operatorname{cs}$  Crop production water
    - Manure and municipal bio solids
    - Rev Worker health and hygiene
    - Refield and harvest sanitation
    - Regional Postharvest water during packing

    - $\bigcirc$  Storage and distribution



## Hazard Analysis and Critical Control Points (HACCP)

- Adopted by FDA in oversight and regulation of food production industries
- Revention-based safety program to identify and monitor risks in food production
- Simple and logical system



# Seven Principles of HACCP

- Reform a hazard analysis
- Raginal Control Points (CCPs)
- Restablish preventative measures
- Restablish monitoring procedures
- Restablish corrective actions
- R Establish verification procedures
- R Establish effective record keeping



# New Markets - Grocery Store Requirements

- Farm business plan (product description, cost, availability, delivery schedule, etc.)
- Farm land use history and surrounding land use history
- Water and irrigation system description with water testing certificate
- Resticide, fertilizer, herbicide application records
- Employee food safety training schedule
- Real HACCP or similar plan
- Harvest, packing storage, and transportation methods
- Record-keeping, safety incident management plan
- $\mathbf{c}$  Certificate of insurance



#### Product Labeling Methods

Reproduct label specifying food production system or specific breed/style used ○ Organic, natural, grass-fed, hormone free

- Regional, state, valley, etc. Utah's Own, Oregon Grown, Kona Coffee R
- Real Country of origin labeling requires retailers to label the country of origin

 $\bigcirc$  Food safety inspections/certifications COOPERATIVE EXTENSION

extension.usu.edu

#### Benefits of Using Labels

- C Loureiro and Umberger (2007): U.S. consumers willing to pay premium of \$8/lb for "USDA food safety inspected" label on steak
- Nilsson et al. (2006): Consumers willing to pay a premium of \$2.66/lb for "certified free of antibiotics" pork chops
- Grannis and Thilmany (2002): 38% of surveyed respondents were willing to pay a 10% premium for natural steaks
  - 14% of respondents were willing to pay a 20% premium

extension.usu.edu

COOPERATIVE EXTENSION

# Third-Party Labeling Programs

- Allows producers to enter a recognized market using an established umbrella program or label
- CR Certified products provide consumer assurance that products meet certain "extra-sensory" or production/process attributes
- Third-party certification implies that certifying party does not directly benefit from sale of the good



Examples include USDA Organic, Oregon Grown, Certified Angus Beef, Fair Trade, etc.

extension.usu.edu

ERATIVE EXTENSION

# Functions of Third-Party Programs

- Standard Setting
  - Specific quality level, well defined consumer known terminology

#### ন্থ Testing/Inspection

Objective measure of quality, record-keeping requirements
 Pesticides, GM ingredients, hormones, etc.

#### ca Certification

- $\bigcirc$  Provide labels to certified producers
- ca Enforcement

  - $\bigcirc$  Fines/penalties for fraud



#### First-Party Labels

Direct claims made by a firm about its product
 e.g., "Healthy," "Homegrown," "Nature's Best,"
 "pasture-raised," exempt organic producers (<\$5,000 in organic sales)</li>

- Requires no generally accepted standards
- Real Firms are still held to "truth-in-labeling laws"
- Consumers may prefer first-party claims as personal relationships & trust develop over time

UtahState

COOPERATIVE EXTENSION

extension.usu.edu

## Branding

- Generally privately owned & managed
- Focus on product attributes that are desired by a company's target markets
- Successful at local or regional level if consumers associate brand/label with desirable quality attributes
   Example include Kleenex, Coke, Zerox, etc.



# Third-Party Program Cost-Benefit Analysis

- Need to compare overall benefits to overall costs Comparison must be done for a reasonable multi-year time horizon
- ন্থে Benefits
  - $\mathbf{R}$  Higher prices for goods
  - ন্থ Increased market access
  - □ Improved price stabilization
- ca Costs
  - Real Price of attaining certification
  - $\bigcirc$  Production process changes
  - Record keeping costs
  - R Brand design & marketing



## Minimum Record-Keeping Requirements

All field activity <u>Planting, spraying, & harvesting</u>

All cleaning & packaging activity Handling, cleaning, washing, packaging (if any), & storage

All transport activity

Real Inspection & cleaning of transport units



# Consumer Education/Events

- Real Brochures, signs, and marketing materials to demonstrate
  - Real Product nutritional benefits
  - Special farm production methods
  - R Farm food safety procedures



## Consumer Education/Events

Reducational newsletters and programming

- Safe handling, storage & washing of fresh fruits/vegetables
- Safe handling & storage of meat/poultry/fish/dairy
- CR Cooking classes with minimum cooking times & temperatures
- Real Handling/storage of processed foods
- Real Home gardening/production methods
- R Farm tours



# Thank you!



#### Resources

- D. Jolly and C. Lewis (2005), "Food Safety at Farmers Markets and Agritourism Venues: A Primer for California Operators." Publication of the UC Small Farm Center available at <u>http://sfp.ucdavis.edu/farmers\_market/safety/</u>
- L. Kitinoja and A. Kader (2003), "Small-Scale Postharvest Handling Practices: A Manual for Horticultural Crops (4th Edition)." UC Davis Postharvest Horticulture Series No. 8E available at <u>http://ucce.ucdavis.edu/files/datastore/234-1450.pdf</u>
- Good Agricultural Practices: A Self-Audit for Growers and Handlers. Publication of UC Davis at <u>http://ucce.ucdavis.edu/files/filelibrary/5453/4362.pdf</u>
- Real Hazard Analysis Critical Control Point Information Center, IOWA State University at <a href="http://www.extension.iastate.edu/HRIM/HACCP">http://www.extension.iastate.edu/HRIM/HACCP</a>
- Good Agricultural Practices Network, Cornell University at http://www.gaps.cornell.edu
- Small food business safety programs, e.g. good manufacturing practices, sanitation, and HACCP, Utah State University at http://docs.org/10.1016/j.com/10016/j.com/10



#### Resources

- Real National Organic Program & Farmers' Markets at <u>http://www.ams.usda.gov</u>
- CR Utah's Own at https://utahsown.utah.gov/
- Western Extension Marketing Committee at <a href="http://www.valueaddedag.org">http://www.valueaddedag.org</a>



#### Resources

- Should You Sell Products to Grocery Stores? A guide for farms considering selling in grocery stores. Publication of Local Fare at <u>http://www.uwplatt.edu/cont\_ed/localfare/pdf/SellingToGroceryStores.pdf</u>
- ↔ Whole Foods at <u>http://www.wholefoodsmarket.com/</u>
- Rev USDA, National Ag Library at <u>http://www.nal.usda.gov/afsic/pubs/csa/csafarmer.s</u><u>html</u>

ATTRA publications at <u>http://attra.ncat</u>.

